# IMPORTANT CHANGES TO YOUR MEDICAL RECORDS

GP practices across England will soon be required to supply patients' personal and confidential medical information, on a regular and continuous basis, to the Health and Social Care Information Centre (HSCIC).

The data upload is due to commence in March 2014 and all households should receive a leaflet ('Better information means better care') through their letterbox about this in January.

Details from your medical record will be extracted from the practice in a form that can identify you, and will include your NHS number, date of birth, postcode, gender and ethnicity, together with your medical diagnoses (including cancer and mental health), their complications, referrals to specialists, your prescriptions, your family history, details of your vaccinations and screening tests, your blood test results, your body mass index, and your smoking/alcohol habits.

This programme is called **care.data**, and the information uploaded will be used for purposes other than your direct medical care (so-called "secondary uses").

Medical staff treating you in GP surgeries, hospitals, A&E and out-of-hours centres will not use, or be able to use, this database. However, the uploaded data is likely to be made available to organisations outside of the NHS, such as universities and commercial organisations. Under the Health and Social Care Act 2012, GP practices have **no** choice but to allow the HSCIC to extract this information.

Once the data has been extracted, the GP practice is no longer the data controller for that information, and cannot control or protect in any way how that information is used, shared or who has access to it.

Although GP practices cannot object to this information leaving the practice, individual patients and their families can instruct their practice to prohibit the transfer of their data, i.e. **you have the right to opt-out.** 

If you do nothing, i.e. you do not opt out, then your medical information *will* be extracted and uploaded to the HSCIC.

Once uploaded, you *will not* be able to get this data deleted by the HSCIC. So if you want to opt out, you need to act now.

To opt out, simply fill in your details on the form to the right of this page, cut it out and post it or drop it in to your GP practice, marked for the attention of your GP. If you wish to opt out your children or other members of your family for whom you are responsible, you can add their details on the back of the form.

This is not the Summary Care Record. The two databases are very different. Opting out of one database does not mean that you have automatically opted out of the other.

Further information about the care.data programme is available online - details overleaf.

### Dear Doctor,

I am writing to give notice that I refuse consent for my identifiable information and the identifiable information of those for whom I am responsible [delete as appropriate] to be transferred from your practice systems for any purpose other than our medical care.

Please take whatever steps necessary to ensure my confidential personal information is not uploaded and record my dissent by whatever means possible.

This includes adding the 'Dissent from secondary use of GP patient identifiable data' code (Read v2: 9Nu0 or CVT3: XaZ89) to my record as well as the 'Dissent from disclosure of personal confidential data by Health and Social Care Information Centre' code (Read v2: 9Nu4 or CTV3: XaaVL).

I am aware of the implications of this request, understand that it will not affect the care we receive and will notify you should I change my mind.

Signature:
Full name:
Address:
Postcode:
Date of birth:
NHS number (if known):
Space for additional patient details overleaf

## Additional patient details

Please take whatever steps necessary to ensure the following people's confidential personal information is not uploaded from your practice and record my dissent on their behalf by whatever means possible.

Patient's full name:	
Address (if different):	
Postcode:	
Date of birth:	
NHS number (if known):	
Patient's full name:	
Address (if different):	
Postcode:	
Date of birth:	
NHS number (if known):	
You can provide details of other family members you wish to opt out on a seperate sheet, but make sure this form is attached.	0

# FIND OUT MORE

This leaflet was written with the help of Dr Neil Bhatia, GP. We recommend you visit his website **www.care-data.info** which provides a more comprehensive view of the care.data programme than the 'Better information means better care' leaflet you may have seen.

NHS England does provide some more details at www.nhs.uk/caredata and the Health and Social Care Information Centre also has a page describing how it handles your confidential medical information at www.hscic.gov.uk/patientconf

Opting out will have no effect on your medical care. If you are unsure what to do, **opt out now**. You can discuss this with your doctor at your next appointment and, if you are satisfied, you can opt back in at any point.

Copies of this leaflet for you to print or e-mail to friends and family can be downloaded from http://optout.care-data.info

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